Suicide Prevention Workshop
Additional Resources

South Dakota Suicide Prevention
State website from the Helpline Center. Resources include facts, stats, prevention resources, trainings, and toolkits.

sdsuicideprevention.org
sdsuicideprevention.org/data
sdsuicideprevention.org/professionals/suicide-prevention-trainers/

Helpline Center
The Helpline Center is South Dakota’s leader in suicide prevention and response. If you or someone you know is having suicidal thoughts please call 1-800-273-8255 anytime, day or night, and we will provide you with the caring support you need. All South Dakotans have access to the crisis line all day, every day. The service is free and confidential. The Helpline Center offers multiple trainings related to suicide prevention and mental health.

helplinecenter.org/suicide-and-crisis-support

Community Based Resources: helplinecenter.org/suicide-and-crisis-support/community-based-resources/

NAMI – National Alliance on Mental Illness
NAMI, the National Alliance on Mental Illness, is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Affiliates are located throughout the state in Aberdeen, Brookings, Huron, Pierre, Rapid City, Sioux Falls, Spearfish, Watertown, Yankton. There is also a statewide Consumer Council.

namisouthdakota.org
nami.org

Front Porch Coalition – Rapid City
Suicide Prevention Training, Crisis Intervention and Assistance, Suicide Support Groups, Suicide Prevention Resources, Mental Health First Aid Training.

Suicide Prevention Resource Center
The Suicide Prevention Resource Center (SPRC) is the nation’s only federally supported resource center devoted to advancing the National Strategy for Suicide Prevention. SPRC is funded by the U.S. Department of Health and Human Services' Substance Abuse and Mental Health Services Administration. SPRC provides technical assistance, training, and materials to increase the knowledge and expertise of suicide prevention practitioners and other professionals serving people at risk for suicide.

sprc.org
Critical Incident Stress Management (CISM) is a method of helping first responders and others who have been involved in critical incidents that leave them emotionally and/or physically affected by those incidents. CISM is a process that enables peers to help their peers understand problems that might occur after an event. This process also helps people prepare to continue to perform their services or in some cases return to a normal lifestyle. ICISF provides training for individuals interested in becoming a part of a crisis management team, or for an organization that is dedicated to helping individuals or groups recover from incidents.

**Courses:**